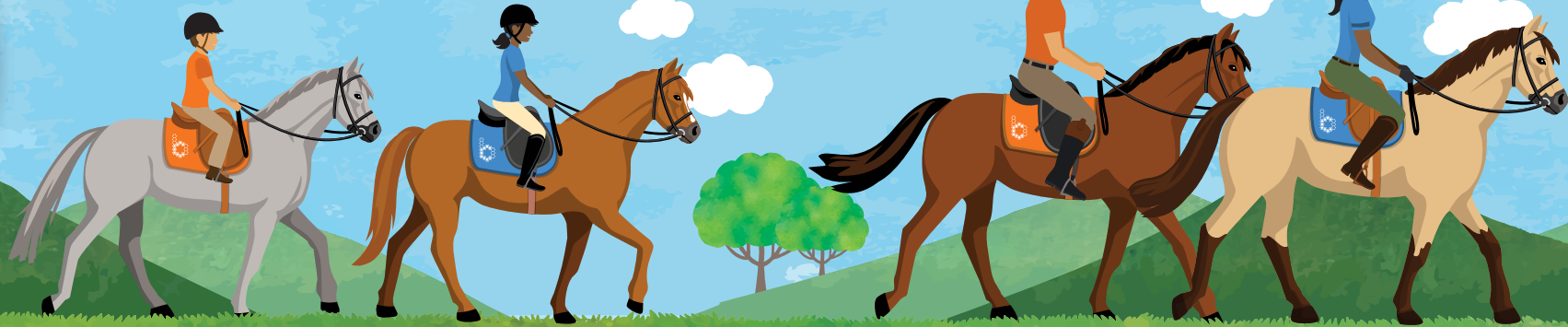




### Select your distance

50km 100km 250km

Record how far you have ridden each day in the spaces below.



## WEEK 1

DAY 01	DAY 02
DAY 03	DAY 04
DAY 05	DAY 06
DAY 07	TOTAL

## WEEK 2

DAY 08	DAY 09
DAY 10	DAY 11
DAY 12	DAY 13
HALF-WAY	
DAY 14	TOTAL

## WEEK 3

DAY 15	DAY 16
DAY 17	DAY 18
DAY 19	DAY 20
DAY 21	TOTAL

## WEEK 4

DAY 22	DAY 23
DAY 24	DAY 25
DAY 26	DAY 27
DAY 28	TOTAL

## WEEK 5

DAY 29	DAY 30
CONGRATULATIONS YOU DID IT!	
TOTAL	
Share your success in our Facebook group	
Registered charity in England & Wales: 1159590	



## Thank you for Canter for a Cure this April to help support bone cancer patients like Dylan.

After 9 months of misdiagnoses, Dylan was diagnosed with Ewings sarcoma – the second most common primary bone cancer - in July 2022. He was just 8 years old.

According to Dylan's mum, Jess, his tumour was “the size of a small melon” and took up the whole of Dylan's left hip. Sadly, the tumour was inoperable, and the cancer had also spread to his lungs; “Dylan's prognosis was really quite poor”.

Dylan has endured a tough course of treatment including high dose chemotherapy, 6 weeks of proton beam therapy on his hip and 2 weeks of radiotherapy on his lungs. Yet, Jess tells us that:

“Not once has he complained, not once has he stopped smiling, and not once has he stopped loving, caring and riding his pony, Inki, and working towards his dream of being an international para-dressage rider”.

Unfortunately, due to the location of the tumour, Dylan has been left with permanent disabilities and he was initially advised that he would be unlikely to ride again. Despite this, Dylan has taken the para-dressage world by storm.

While on treatment Dylan qualified for no less than 12 dressage championships and, despite being on treatment every three weeks, he managed to attend 9 competitions and bag a place in the top 10 in all but one! Dylan told us that:

“The ponies make my life better; they give me a challenge to look forward to and they help keep my life fun when sometimes it's not. Plus, I can always give them a cuddle if I ever feel sad!”.

Dylan has now finished his final chemo treatment and is due to ring the end of treatment bell in April. He has huge ambitions for the future and dreams of becoming a Paralympian! We are so incredibly proud of Dylan and his ponies, and we can't wait to see what the future holds for them.

You can follow Dylan's adventures on his Instagram: @Panaero\_And\_Peppers\_Adventures.

By taking on this challenge, you are helping to achieve better futures for bone cancer patients like Dylan

## FAQ'S

**Q How do I track my progress?**  
You can use the manual tracker on the reverse of this page, just write down the total you complete each day. At the end of each week, calculate your total and add it to the weekly total box. We would love to know how you're getting on so remember to share your progress in the Facebook group!

For more FAQs, scan this QR code:



If you have any more questions, drop us an email at [fundraising@bcrt.org.uk](mailto:fundraising@bcrt.org.uk)

**Q Can teams get involved?**  
Absolutely! Email us at [fundraising@bcrt.org.uk](mailto:fundraising@bcrt.org.uk) to set up a team.

## TOP TIPS

**Share Your Journey:** Spread the word about your Canter for a Cure challenge with friends, family, and colleagues. Why not link your fundraiser in your social media bios?

**Fundraising Flourish:** Get creative with your posts! Why not take a #CanterForACure selfie to share with your supporters and ask them to donate the cost of their morning coffee?

**Heartfelt Thanks:** Take a moment to express your gratitude to all those who have supported you. A little thank you goes a long way!